



# A RECYCLING GUIDE



<p><b>PLASTIC</b></p> <p> <input checked="" type="checkbox"/> Yes</p> <p><b>Bottles</b> - soft drinks, water, juice, milk bottles etc  <b>Food Containers</b> - oil, yoghurt, cream, custard, margarine, ready-made meals, peanut butter etc  <b>Cleaning Agent Containers</b> -washing liquids, cleaning products, detergents, etc  <b>Toiletry Containers</b> - shampoo/conditioner, sunscreen, cleanser/toner/ moisturiser, toothpaste, toothbrush, make up etc  <b>Packaging</b> - plastic bags, sandwich bags, sweet packets cellophane etc  <b>Polystyrene</b> - cups, egg &amp; food trays (eg. meat) etc  <b>Cords</b> - appliance, computer, telephone, extension etc          Bottle caps, Plastic toys, Seedling trays, Blister packs</p> <p> <input checked="" type="checkbox"/> No</p> <p>Cling wrap, Tupperware, Sticky tape  <b>Chip packets &amp; chocolate wrappers etc aren't plastic</b></p>	<p><b>PAPER</b></p> <p> <input checked="" type="checkbox"/> Yes</p> <p>White office &amp; Typing paper, Envelopes, Faxes, Printouts, Accounts, Junk mail, Notes, Till slips          Cereal boxes, Medicine boxes, Tissue boxes, Clothing tags          Cards, Magazines, Flyers, Pamphlets, Brochures, Catalogues, Calendars, Phonebooks, Newspapers          Egg cartons, Toilet paper inners, Roller towel inners, Wrapping paper          Cardboard boxes</p> <p> <input checked="" type="checkbox"/> No</p> <p>Paper or cardboard that is waxed, glued, plastic or foil coated          Tissues, Serviettes</p>	<p><b>METAL</b></p> <p> <input checked="" type="checkbox"/> Yes</p> <p>Beverage Cans, Food tins          Pie pans, Tin-foil, Foil food containers          Window frames, Garden furniture, Sheet metal          Aerosol cans, Bottle tops, Lids          Metal toys          Oil cans, Paint tins          Nuts &amp; Bolts</p> <p> <input checked="" type="checkbox"/> No</p> <p>Toxic substances need special disposal</p>	<p><b>GLASS</b></p> <p> <input checked="" type="checkbox"/> Yes</p> <p>Jars, Bottles - clear and coloured          Broken glass bottles or jars          Spectacles – find an eyeglass collection centre          Lightbulbs – deliver to a special recycling bin</p> <p> <input checked="" type="checkbox"/> No</p> <p>China, Porcelain, Ceramics, Pyrex or Cooking ware, Crystal, Drinking glasses, Windowpane glass, Mirrors, Windshields, Clay pots</p>
<p><b>E-WASTE</b></p> <p> <input checked="" type="checkbox"/> YES</p> <p>Computer equipment, entertainment electronics, and mobile phones, household electronics</p>	<p><b>INK CARTRIDGES</b></p> <p> <input checked="" type="checkbox"/> YES</p>	<p><b>BATTERIES &amp; GLOBES</b></p> <p> <input checked="" type="checkbox"/> YES</p> <p>Traditional light bulbs &amp; CFLs require special recycling.          Some supermarkets have bins for batteries &amp; globes</p>	<p><b>NOTES</b></p> <p>Rinse food containers with a sparse amount of water.          Keep paper clean and dry.  <i>Check with your recycler what they will collect or see what containers are available at local collection depots.</i></p>

**BENEFITS OF RECYCLING:** Recycling conserves resources for our children’s future; saves energy; provides raw materials to industry; promotes development of greener technologies; reduces landfill dumping & incinerators; decreases emissions of many greenhouse gases and water pollutants and creates jobs.

*Respect Yourself    Respect Others    Respect our Environment*