

Daily Green Checklist

Stick this on your fridge as a daily reminder of what you can do to take a step in the green direction.

1. Are all the taps turned off?
 - ♣️ Do I turn the tap off while brushing my teeth?
2. Do I have a timer on the geyser? Is the geyser turned off if I go away?
3. Is the washing machine/dishwasher full before running it?
4. Are the plugs off?
 - ♣️ Do I unplug the appliance when I'm finished using it?
 - ♣️ TV? Computer? Cellphone charger? Kettle? Toaster?
5. Are the lights off?
 - ♣️ Do I switch them off when I leave a room?
 - ♣️ Have I changed all my light bulbs to energy efficient ones?
6. Can I re-use/repurpose it?
 - ♣️ Do I think twice before throwing any item away?
7. Do I separate the recyclable materials – glass, plastic, metal, paper – from the rest of the waste?
8. Do I think about the amount of food and other waste I dispose of daily?
9. Do I think about the amount of electricity and water I use daily?
10. Do I have my reusable shopping bags?
11. Do I think about the impact my actions have on our environment and on Earth?
12. Did I share this information with someone today?

Respect Yourself Respect Others Respect Our Environment